



Llywodraeth Cymru
Welsh Government

HERE TO HELP WITH THE COST OF LIVING

The Welsh Government and Advicelink
Cymru can help you **claim what's yours.**

gov.wales/heretohelp

Call Advicelink Cymru's free helpline:

0808 250 5700



cyngor ar
bopeth

citizens
advice

We all need a little help and support from time to time, and with the rising costs of living many people in Wales need help now.

The Welsh Government is doing everything it can to put money back into people's pockets.

As well as help with fuel costs, the Welsh Government also offers a range of support on things like school and childcare expenses and further and higher education costs. Funding from the Discretionary Assistance Fund (DAF) might also be available to help people in crisis experiencing extreme hardship.

Advicelink Cymru Claim What's Yours helpline

If you are unsure about what support is available, Advicelink Cymru are here to help you check and claim what's yours.

Call the Claim What's Yours helpline for free and confidential advice on your entitlement to extra money from:

- Welfare benefits, such as Personal Independence Payment, Carers Allowance and Pension Credit.
- Welsh Government support.

An advisor can also arrange for you to get help with debt and personal finance issues.

What happens when I call the helpline?

When you contact Advicelink Cymru, a trained advisor will talk to you about your circumstances and help you find out what support is available.

The advisor will support you throughout the claim process and help you to fill in any claim forms.

They can also advise on what evidence you need to provide to support your claim.

Get in touch with an advisor today by calling the free helpline on

0808 250 5700

Monday to Friday
9am to 5pm

or go to:
gov.wales/heretohelp

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